

WESTIN® *WORKOUT* CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ZUMBA (MIX) OLGA 9:00-10:00AM	FLOATFIT (MIX) JOSE 10:00-10:45AM	ZUMBA (MIX) OLGA 10:00-11:00AM	CIRCUIT TRAINING (MIX) ZANDRE 6:00-7:00PM	FLOATFIT (MIX) JOSE 10:00-10:45AM	HEAVENLY STRETCH (MIX) ZANDRE 9:00AM	LET'S RISE YOGA (MIX) 9:00-10:00AM NEW!
FLOATFIT (MIX) OXANA 11:15-12:00PM	ZUMBA (LADIES) OLGA 5:00-6:00PM	HIIT (LADIES) LIUBOV 5:00-6:00PM	AQUAGYM (LADIES) OXANA 7:00-8:00PM	ZUMBA (LADIES) OLGA 6:00-7:00PM	FLOATFIT (MIX) OXANA 10:00-10:45AM	CIRCUIT TRAINING (MIX) ZANDRE 10:00-11:00AM
CIRCUIT TRAINING (MIX) ZANDRE 6:00-7:00PM	AQUAGYM (LADIES) OXANA 6:00-7:00PM	HEAVENLY STRETCH (MIX) ZANDRE 6:00PM - 7:00PM	MOONLIGHT YOGA 7:30-8:30PM NEW!	HIIT (MIX) ZANDRE 6:00-7:00PM		CIRCUIT TRAINING (LADIES) LIUBOV 11:00-12:00PM

For bookings **4492 1682**

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HOTELS & RESORTS