WESTIN® WORKOUT CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CIRCUIT CLASS (MIXED) ZANDRE 6:00PM	**AQUAGYM (LADIES)** OXANA 6:00PM	**HIIT (LADIES)** LIUBOV 5:00PM	**CIRCUIT CLASS (MIXED)** ZANDRE 6:00PM **FREE** FOR MEMBERS & IN-HOUSE GUESTS	**HIIT (MIXED)** MAZEN 6:00PM	**HEAVENLY STRETCH (MIXED)** MAZEN 9:00AM	**LET'S RISE YOGA (MIXED)** 9:00AM
		FLOAT FIT (MIXED) ZANDRE 5:30PM	**AQUAGYM (LADIES)** OXANA 7:00PM			**HIIT (MIXED)** ZANDRE 10:00AM **FREE** FOR MEMBERS & IN-HOUSE GUESTS
						CIRCUIT CLASS (LADIES) LIUBOV 11:00AM **FREE** FOR MEMBERS & IN-HOUSE GUESTS

For bookings **4492 1682**

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